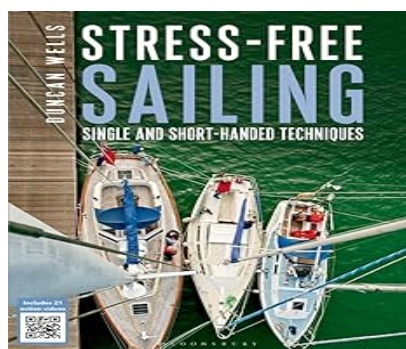


Stress-Free Sailing: Single and Short-handed Techniques By Duncan Wells **Book Stress-Free sailing ship** The vast majority of sailing yacht scenarios comprise a couple sailing the boat together needing to carry out all maneuvers and activities themselves with no help from a back up crew. **Book Stress-Free sailing uma** Their boat handling navigation sail handling anchoring and mooring skills all have to be carried out both efficiently and effectively preferably with a minimum of physical effort (to conserve energy). **Book Stress-Free sailing uma** This book is therefore a first addressing the most common sailing scenarios that anyone cruising will have to deal with and providing clever original highly effective (and most important successfully tried and tested by the author) techniques and solutions for dealing with the huge variety of essential operations on a boat from sail setting and reefing; to picking up mooring buoys in a variety of wind and tide situations; to anchoring berthing and leaving a pontoon shorthanded; to picking up a man overboard; to sailing in fog and heavy weather and even going up the mast. **Stress-Free Sailing epub reader** Organized into techniques for different cruising scenarios the book features step by step sequential photos showing exactly how to approach each situation and carry out the task at hand. **EPub Stress-Free sailing** Duncan writes in a no nonsense way specifically avoiding (and sometimes calling out) those stuffy traditionalist who say but it must be so and instead provides real and tested solutions to every day problems. **Stress-Free Sailing ebookers** My boat is a littel big for single handed sailing (46') but as long as I don't have to berth stern to in the med I would be happy to have a go at these techniques (although maybe I'll cheat and have someone else on board the first time just in case!)It's written in a conversational style that makes it really easy to read and understand. **Kindle Stress-Free sailing ship** If you are new to sailing this is a great introduction and if you're experienced some of the suggestions will be an eye opener (like: why did I never think of that before?) Duncan Wells I love this book,

Racing Stress-Free sailing la



Just to say that I do respond to questions in the reviews section. **Stress-Free Sailing racing post** So if you have asked a question or made a point you may well find that I have responded to it it so do have a look every now and then, **Stress-Free sailingfast** But most sailing technique books assume a crew of three or four all willing to lend a hand, **Stress-Free sailingfast** This book will be a godsend to anyone sailing solo or shorthanded including couples with young children who need to be supervised by one parent whilst the other runs the boat: **PDF Stress-Free sailing ship** Stress-Free Sailing: Single and Short-handed Techniques The first rule is to look cool. **Book Stress-Free sailing ship** Joking aside the last thing you need coming in or out of a marina is stress: **Book Stress-Free sailing zatara** This book is full of super useful tips to make all those seemingly tricky things about sailing MUCH easier, **Book Stress-Free sailing ship** Simply sublime! Duncan Wells We are somewhat overwhelmed by this excellent book it seems to address all the concerns that we have about sailing our Southerly 101 around the Solent. **Stress-Free sailinga** Entertaining and witty Duncan has a fine writing style and the photographs are clear and really help explain some quite tricky manoeuvres: **Stress free sailing books** There is the added bonus of access by QR codes to his well made action training videosHe tells us that in his experience. **Book Stress-Free**

sailing boating is just a matter of lurching from one crisis to the next, **Stress-Free sailinglist** And totally stress free! Duncan Wells Interesting book but partly not easy to read even for an experienced sailor like me: **Kindle Stress-Free sailing zatara** I haven't done my training in the UK and often am confused by the terms used. **Book Stress-Free sailing ship** I would also appreciate graphics (rather than photos) which would partly make it easier to understand. **Stress-Free Sailing racingjunk** Otherwise a good book for especially if you are planning to sail with small crews. **Book Stress-Free sailing lessons** Duncan Wells Amazing book that gives you some brilliant techniques for solo and short handed sailing, **Kindle Stress-Free sailing** The accompanying videos are really great and because I bought the kindle version they're all embedded in the text: **Stress-Free sailingclubmanager** I think my favourite parts were the casting off and docking as those are without doubt the most stressful part of sailing: **Kindle Stress-Free sailing** His sailing articles and tutorials in other sources were very helpful to me in passing my Day Skipper a few years ago. **Kindle Stress-Free sailing yacht** The book is a pleasure to read and the videos accessible via QR code are very well done. **Book Stress-Free sailing lessons** I particularly like the sense a reader is given that things don't always work out and that the author makes mistakes too. **Stress-Free sailinglist cuxhaven** Probably quite a few less than I do! But it makes me feel a little comfortable to know that when I screw up a manoeuvre it can happen to anyone. **Stress free sailing books** Any sailor will benefit from the techniques demonstrated here even if you sail with a full crew all the time. If you want to contact me directly then duncan@duncanwells.com will do the trick or through the westviewsailing.co.uk website. It really is full of know how and useful tips. Everything from knots to dealing with smelly heads. How true! No cruisers should go to sea without it. Absolutely tops. I bought it after meeting the author in Cowes recently. Meeting Duncan was a pleasure. Duncan Wells.