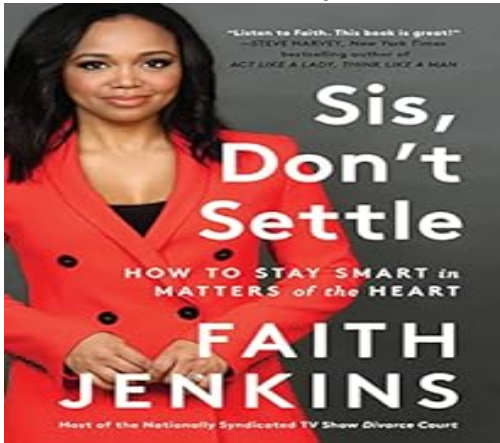


Sis, Dont Settle: How to Stay Smart in Matters of the Heart By Faith Jenkins

Dont Settle: How to Stay Smart in Matters of the Heart



I watch divorce court on YouTube and fell in love with Judge Faith's wisdom that she provided! This book is a must have for any women in a relationship or looking for love. This book has given just the encouragement I needed to not settle and believe that I too will meet my forever bestfriend! Kindle Truly loved this book and everything judge faith had to say. All 238 pages! It is awesome! A great tool to have in anyone's quest to having and preparing for that special special someone or even if you already have that special special someone.) I originally bought this book right as I began a new relationship my first in several years after taking time to find myself and get clear on what I wanted in a lifelong partnership. I ended up taking time off from reading so by time I got around to actually digging into it I'd been with this person for about two months and was honestly a little worried the book would bring about unprovoked doubts. Happy to say I was so very pleasantly surprised!The author has a great voice in her writing and references her own experiences as well as some of what she's seen in her career with other couples. I was worried it would be overly single girl feminist focused and aimed at deterring women away from negative relationships than necessarily speaking to or encouraging those that have begun relationships. She was very holistic in her approach to the topic and covered it in a kind direct manner truly focused on helping the reader find a compatible loving companion (the right person for them which I only say in quotes because I believe this doesn't mean one specific soulmate but rather one of any number of people that could mesh together in happy healthy loving relationship); this means not only how to weed out the bad ones but find what you as an individual are looking for AND how to cultivate that relationship—manifest it if you will—into something that is long lasting (i. My one VERY minorpet peeves is too strong but thing I noticed is there is a slight perspective focus towards specifically black women (referencing some specific situations that convey this as well as referencing mainly women of color as far as noteworthy examples — Opera Michelle Obama etc). This is not surprising in the least considering the author herself is a successful powerful woman of color and I don't at all judge since this is written from her perspective and voice. Kindle This book is nothing short of amazing! She connects the dots from decluttering toxic thoughts and patterns to loving yourself and truly respecting yourself enough to know you have power to relationship wisdom and motivation. Since separating from that relationship I've remained single to work on myself and further my education (receiving two college degrees) obtaining financial independence and living on my own as a single mother and woman. I'm at a point in my life where I am excelling in my career but not my love life: So many years I thought I was wrong for wanting what my heart desired and maybe I am just asking for too much. Reading judge faith journey affirmed to me that my journey hasn't ended and what my heart desires isn't wrong. I recommend this wonderful book to all women on their path to being a high worth and never settling for mediocre or what is not in their heart. □ Kindle I absolutely love Faith Jenkins' way of expressing clearly why keeping the bar high will help on finding yourself the right person. It's about knowing your standards and not dropping them in the worry you might stay single: You gain someone not able to treat you with the respect you deserve. In a World of "Nobody's

Perfect” and “Compromise”.

Sis this is a refreshing voice who explains why it's important not to settle, I made my list so we will see Kindle I read this book in three days: I've been an avid reader of psychology esp focused on relationships/sex for some time and still found this book wonderfully written and refreshing: (For the record I was not familiar with the author prior to reading this never seen her shows or anything, So I came into it with no pre existing opinions of her, I was very curious about it and decided to give it a go anyways: What I really liked though is that she wrote the book in a thoughtful very COMPLETE format both in content and in organization of that content, Women—or people in general—do need to be conscientious of the people they date and aware of the signs that we like to ignore when we are attracted to someone. I was just concerned that for me as a newly partnered person it would have me focusing on negative aspects: treating your partner with love and respect expecting the same in return understanding healthy sacrifice and compromise without sacrificing your values/self respect etc), Just overall very well written and great read both in content and in just enjoyment. She is funny witty and honest three things that I greatly value in authors: (Just to note I notice the same for the reverse in authors who are white as well as other aspects such as those who are of different sexual orientation or societal level, It's wonderful to hear authors speak in ways that define them as human beings that's how we connect to each other. Just like I connect to her speaking as a strong woman of ambitious nature: Women of color may connect with these aspects whereas women who are not may not. Kindle A good read on a day when there is nothing to do. It has forever changed changed my outlook on life love and marriage: Everything I've been questioning to my own self about was plainly put and eloquently said with practical wisdom and things to practice, I actually broke off a relationship reading this book because I needed someone to remind me that settling isn't a part of my nature, I don't have to compromise or settle for anyone that doesn't sit right in my spirit. It's such a great read! Kindle I am a 26 year old woman with one daughter from a previous 5 6 year relationship, I have done a lot of self reflecting and healing from my pasts trauma and lessons learned: By the grace of god I had the strength to leave my child's father at a very young age when I was 22 years old, I decided to purchase this book because I believed that it would contribute to and influence me to become the woman I desire to be: After reading this book it's everything I could imagine plus : I would say confidently this book is the blueprint for becoming a stable high value woman mentally physically and emotionally: I am extremely grateful for the wisdom and experiences that Faith Jenkins decided to share in this book, I will make sure that my daughter reads this book when the time is appropriate for her to do so. I highly recommend this book to all women of all cultures, This book has given me a fresh start in life from a different perspective. It's not about making sure Mr. 100% Perfect arrives. Kindle Life makes you but only you can control it. Time heals and. keep moving forward. Awesome book! Kindle I loved this book. (Which in itself is not inherently a negative thing.) However this was not the case.e. But just something I notice. This is not pointed out as a negative by any means. I simply mention this as a fact.)10/5 stars. Everyone would benefit from reading this woman or not. It was very enjoyable. Kindle Every woman should read this book. I give it five stars. I've been divorced and dated again. We got together when I was 18 years old. I had my daughter at 19 years old. If I could give this book 1000 stars I would. I've been re born again. Kindle.